

Shasta Ascension Backcountry Race 2023

The 9th Annual Shasta Ascension Backcountry Race was held at the Mt Shasta Ski Park on Saturday, January 21, 2023. The race followed a traditional “ski mountaineering” format, where racers climbed up the mountain under their own power, passed through a series of checkpoints, and descended either by skis or snowboard. 119 participants completed a course that was approximately 4.5 miles long and gained 2,700 vertical feet. Racers under 17 years of age completed a truncated course. Cash prizes donated by Timberworks of Mt Shasta were awarded to the top three overall finishers of both the men’s and women’s divisions.

Results

Overall winners:

Female:

1. Kaitlin Allen of Bend, OR 1:11:32
2. Sarah Burke of Bend, OR 1:13:15
3. Aura Spann of Williams, OR 1:16:44

Male:

1. Matt Fox of Portola Valley, CA 0:53:48
2. Zachary Violet of Bend, OR 0:54:32
3. Andrew Parsel of Bend, OR 0:56:48

Age Categories:

Female:

15-17:

1. Logan Malee 0:59:49

19-29

1. Sarah Burke 1:13:15
2. Madeline Towner 1:49:06
3. Jordan Stefani 1:54:17

30-39

1. Kaitlin Allen 1:11:32
2. Aura Spann 1:16:44
3. Jamie Lefkowitz 1:37:53

40-49

1. Mariah McPherson 1:36:01
2. Suzanne Olson 2:20:20
3. Sat Kriya Khalsa 2:39:41

50-59

1. Serena Akerman 3:01:48

60+

1. Paj Kane 3:18:59

Split Boarders

1. Marie Van Zandt 1:58:49
2. Ashley Rose Parker 2:10:47
3. Tasha McCall 2:18:58

Male

14 & Under

1. Ryden Fisher 0:57:47
2. James DeArton 0:58:24
3. Kai Kuwabara 1:06:05

15-17

1. Seth Bleazard 1:49:08

18-29

1. Samuel Marano 0:59:02
2. Abraham Barr 1:14:59
3. Mathew Matera 1:17:30

30-39

1. Matt Fox 0:53:48
2. Andrew Parsel 0:56:48
3. Aaron Johnson 1:07:23

40-49

1. Zachary Violet 0:54:32
2. Matt Palilla 0:59:05
3. Thomas Morgan 1:02:18

50-59

1. Chris Carr 1:10:28
2. Steve Woo 1:11:09
3. Don Triplat 1:25:49

60+

1. Jacob Kann 1:51:11
2. Ron Lang 1:56:02
3. Lee Altier 2:36:45

Split Boarders

1. Tanner Schaefer 1:24:45
2. Daniel Shaw 1:36:51
3. Keegan Malany 1:38:06

Overall Results

Junior Course

Place	Bib No.	Last Name	First Name	Time	Sex	City	State	Sub-event	Age
1	58	Fisher	Ryden	0:57:47	M	Mt Shasta	CA	14 & under	11
2	69	DeArton	James	0:58:24	M	Mt Shasta	CA	14 & under	13
3	134	Malee	Logan	0:59:49	F	Mt Shasta	CA	15 - 17 yo	15
4	131	Kuwabara	Kai	1:06:05	M	Ashland	OR	14 & under	11
5	132	Kuwabara	Nikko	1:42:19	M	Ashland	OR	14 & under	9
6	28	Bleazard	Seth	1:49:08	M	Mt Shasta	CA	15 - 17 yo	17

Full Course

Place	Bib No.	Last Name	First Name	Time	Sex	City	State	Sub-event	Age
1	124	Fox	Matt	0:53:48	M	Portola Valley	CA	Ski	36
2	19	Violett	Zachary	0:54:32	M	Bend	OR	Skiing	40
3	42	Parsel	Andrew	0:56:48	M	Bend	OR	Skiing	39
4	21	Marano	Samuel	0:59:02	M	Mount Shasta	CA	Skiing	26
5	52	Palilla	Matt	0:59:05	M	Bend	OR	Skiing	41
6	70	Morgan	Thomas	1:02:18	M	Bend	OR	Skiing	41
7	97	Koster	Jason	1:03:27	M	Weed	CA	Skiing	45
8	35	Kuwabara	Yu	1:06:50	M	Ashland	OR	Skiing	43
9	30	Johnson	Aaron	1:07:23	M	Truckee	CA	Skiing	38
10	104	Steidler	Adam	1:09:20	M	Ashland	OR	Skiing	41
11	91	Carr	Chris	1:10:28	M	Mt Shasta	CA	Skiing	51
12	79	Woo	Steve	1:11:09	M	Truckee	CA	Skiing	51
13	20	Allen	Kaitlin	1:11:32	F	Bend	OR	Skiing	36
14	64	Burke	Sarah	1:13:15	F	Bend	OR	Skiing	27
15	1	Barr	Abraham	1:14:59	M	Klamath Falls	OR	Skiing	22
16	96	Brinkley	Dane	1:15:46	M	Sisters	OR	Skiing	45
17	122	Spann	Aura	1:16:44	F	Williams	OR	Skiing	38
18	46	Matera	Matthew	1:17:30	M	Newport beach	CA	Skiing	29
19	16	Seward	Bala	1:18:00	M	Portola Valley	CA	Skiing	36
20	40	Wallstrom	Pete	1:18:50	M	Ashland	OR	Skiing	49
21	39	Kane	Seth	1:19:07	M	Davis	CA	Skiing	29
22	95	Polivy	David	1:19:47	M	Truckee	CA	Skiing	44
23	89	Bassett	Jared	1:19:48	M	Bend	OR	Skiing	32
24	17	Spiteri	Frank	1:20:26	M	San Mateo	CA	Skiing	36
25	43	Ross	Richard	1:20:27	M	Portola Valley	CA	Skiing	31
26	47	Lewis	Alex	1:21:34	M	Santa Rosa	CA	Skiing	23
27	73	Sawant	Sachin	1:24:01	M	Palo Alto	CA	Skiing	37
28	6	Romani	Roger	1:24:27	M	Berkeley	CA	Skiing	26
29	133	Schaefer	Tanner	1:24:45	M	Fort Jones	CA	Splitboard	28
30	116	Triplat	Don	1:25:49	M	Truckee	CA	Skiing	53
31	111	Mulligan	Dane	1:26:47	M	Mount Shasta	CA	Skiing	34
32	139	Bass	Jacob	1:28:58	M	Mount Shasta	CA	Skiing	28

33	92	Chew	Alex	1:28:59	M	Danville	CA	Skiing	26
34	135	Conrad	Walter	1:29:06	M	Tahoe City	CA	Skiing	25
35	94	Lishawa	Shane	1:29:56	M	Mount Shasta	CA	Skiing	43
36	140	Ingram	Michael	1:30:37	M	Sebastapol	CA	Skiing	46
37	15	Arey	Dillon	1:31:58	M	South Lake Tahoe	CA	Skiing	29
38	105	Homyak	Patrick	1:32:09	M	Oakland	CA	Skiing	33
39	8	Shenk	Kevin	1:33:47	M	South Lake Tahoe	CA	Skiing	29
40	130	Ross	Daniel	1:34:26	M	Mount Shasta	CA	Skiing	26
41	78	Kielich	Forest	1:35:01	M	Mt Shasta	CA	15 - 17 yo	16
42	11	Kaufmann	Alexander	1:35:02	M	South Lake Tahoe	CA	Skiing	31
43	82	Churchill	Scott	1:35:49	M	Ashland	OR	Skiing	51
44	106	Schreder	Bryson	1:35:59	M	Redding	CA	Skiing	30
45	127	McPherson	Mariah	1:36:01	F	Mount Shasta	CA	Skiing	45
46	81	Scarbro	Kyle	1:36:45	M	Redding	CA	Skiing	27
47	119	Shew	David	1:36:51	M	Redding	CA	Splitboard	32
48	61	Davidson	Cobey	1:37:05	M	Homewood	CA	Skiing	27
49	10	LEFKOWITZ	Jamie	1:37:53	F	South Lake Tahoe	CA	Skiing	38
50	53	Malany	Keegan	1:38:06	M	Woodland	CA	Splitboard	29
51	32	Murray	Kincaid	1:38:16	M	Bend	OR	Skiing	28
52	2	Potts	Keith	1:38:24	M	Mount Shasta	CA	Skiing	51
53	3	Stackhouse	Alex	1:40:17	M	Reno	NV	Skiing	34
54	44	Waal	Steven	1:41:16	M	Santa Rosa	CA	Skiing	27
55	31	Duvoisin	Marcus	1:42:02	M	Redding	CA	Splitboard	34
56	33	Oakley	Grant	1:43:26	M	San Francisco	CA	Skiing	30
57	85	Taylor	Christian	1:46:00	M	Redding	CA	Skiing	37
58	66	Towner	Madeline	1:46:06	F	Weed	CA	15 - 17 yo	17
59	80	Polentz	Kirstie	1:50:02	F	Truckee	CA	Skiing	33
60	74	Johnson	Katherine	1:50:23	F	South Lake Tahoe	CA	Skiing	31
61	108	Cutler	Grant	1:50:32	M	Berkeley	CA	Skiing	46
62	4	Kann	Jacob	1:51:11	M	Ashland	OR	Skiing	62
63	14	Anthony	Diana	1:52:12	F	South Lake Tahoe	CA	Skiing	30
64	67	Shields	Tommy	1:52:13	M	San Francisco	CA	Skiing	31
65	117	Shah	Amar	1:53:00	M	Sunnyvale	CA	Skiing	25
66	99	Henrique	Miranda	1:53:31	F	Castro Valley	CA	Skiing	50
67	12	Gudas	Christopher	1:54:14	M	South Lake Tahoe	CA	Skiing	38
68	60	Daymude II	Daniel	1:54:15	M	Redding	CA	Splitboard	30
69	41	Stefani	Jordan	1:54:17	F	Reno	NV	Skiing	24
70	23	Lang	Ron	1:56:02	M	Ashland	OR	Skiing	71
71	29	Spaulding	John	1:56:48	M	Mt Shasta	CA	Skiing	44
72	62	Waal	Colleen	1:56:52	F	Homewood	CA	Skiing	28
73	112	Reichwein	Eric	1:58:39	M	Santa Cruz	CA	Splitboard	31
74	37	VanZandt	Marie	1:58:49	F	Escondido	CA	Splitboard	37
75	113	Trujillo	Damian	1:59:36	M	San Francisco	CA	Splitboard	40
76	86	Barr	Jacob	2:03:18	M	Mount Shasta	CA	Skiing	47
77	51	Hinson	Jade	2:03:55	F	Davis	CA	Skiing	23
78	107	Archer	Lauren	2:06:42	F	Anderson	CA	Skiing	26
79	5	Chorens	Casey	2:06:43	F	Berkeley	CA	Skiing	29

80	7	Dodson	Jana	2:06:45	F	South Lake Tahoe	CA	Skiing	30
81	101	Flores	Chris	2:09:38	M	Mount Shasta	CA	Splitboard	39
82	141	Parker	Ashley Rose	2:10:47	F	Mount Shasta	CA	Splitboard	36
83	128	Ostersmith	Niklas	2:12:29	M	San Francisco	CA	Skiing	28
84	100	Broadbent	Fred	2:13:34	M	Mount Shasta	CA	Splitboard	31
85	13	Moran	Merritt	2:14:04	F	South Lake Tahoe	CA	Skiing	30
86	24	Donehower	John	2:15:35	M	Ashland	OR	Skiing	50
87	25	Alexander	Andrew	2:16:26	M	Palo Alto	CA	Skiing	36
88	55	Galicia	Sergio	2:17:07	M	ASHLAND	OR	Skiing	49
89	83	McCall	Tasha	2:18:58	F	Mount Shasta	CA	Splitboard	42
90	45	Barnett	Jesse	2:18:59	M	Santa Rosa	CA	Skiing	30
91	98	Olson	Suzanne	2:20:20	F			Skiing	40-49
92	114	Francia	Brian	2:20:45	M	El Cerrito	CA	Skiing	34
93	93	Victory	Mark	2:21:44	M	Belmont	CA	Skiing	47
94	68	Farwell	Cedar	2:26:21	M	San Francisco	CA	Skiing	28
95	77	Sogin	Maggie	2:27:45	F	Merced	CA	Skiing	36
96	115	Lonegran	Erin	2:29:07	F	Mount Shasta	CA	Skiing	36
97	71	Ohara	Timothy	2:30:44	M	San Francisco	CA	Splitboard	32
98	34	Oakley	Hannah	2:33:12	F	San Francisco	CA	Skiing	29
99	54	Sarazin	Dave	2:34:26	M	Reno	NV	Splitboard	36
100	87	Barr	Jillian	2:34:46	F	Mount Shasta	CA	Skiing	17
101	65	Altier	Lee	2:36:45	M	Chico	CA	Skiing	69
102	72	Khalsa	Sat Kriya	2:39:41	F	South Lake Tahoe	CA	Skiing	45
103	110	Lyons	Tim	2:40:24	M	Redding	CA	Skiing	43
104	136	Matsunaga	Tru	2:42:57	M	Redding	CA	Splitboard	35
105	109	Acosta	Monika	2:43:28	F	Bend	OR	Skiing	34
106	123	Davis	Michael	2:43:39	M	Talent	OR	Skiing	55
107	129	Hilverda	Thomas	2:49:37	M	Berkeley	CA	Skiing	25
108	63	Hoovler	Robyn	2:51:39	F	Redding	CA	Splitboard	30
109	84	Seidl	Christa	2:55:14	F	Santa Cruz	CA	Skiing	33
110	75	Le	Vinh	3:01:00	M	Elk Grove	CA	Splitboard	40
111	120	Akerman	Serena	3:01:48	F	Mount Shasta	CA	Skiing	58
112	38	Olenberg-Meltzer	Alyssa	3:04:42	F	Oakland	CA	Skiing	35
113	125	Kane	Paj	3:18:59	F	Mount Shasta	CA	Skiing	70